



U9, U10, U11, U12
D-LEAGUE

SC Force
Developmental Program
Information Handbook



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SC Force Developmental League Program

St. Charles Force Developmental Soccer is an alternative to the recreational soccer program that exposes players in the U9, U10, U11, and U12 divisions to an environment that focuses on skill development, game sense, and individual & program success. The program is run by the St. Charles Soccer Association under the auspices of the Winnipeg Youth Soccer Association. The program is based on the Canadian Soccer Association's Long Term Player Development Model, which places a greater emphasis on training and skill development than is traditionally available at the recreational level.

Developmental soccer is not simply for players who demonstrate a high level of skill or talent. It is intended for those players who have a passion for the game, are committed to practicing, and want to play in an environment that fosters skill development & achievement, rather than simply winning. The Developmental program is the entry level for players aspiring to participate in the Premier Program, which commences at age 13. The focus for ages 9 to 12 is individual technical skills and collective play and development. Winning and losing is secondary to skill development, where both player and coach evaluation is focused on progressive skill improvement, rather than team victories and goals scored. As player skill level and maturity develops, team play and tactical concepts are gradually introduced to allow for a smooth progression toward Premier level play at Age 13.

Long-Term Player Development (LTPD)

The Manitoba Soccer Association in cooperation with the Winnipeg Youth Soccer Association and the other four Winnipeg-based soccer districts began implementing a Canadian Soccer Association mandated model for Long Term Player Development in 2012. The introduction of the new LTPD model from Ages 4 to 12 changes the game structure for all levels of soccer (mini-soccer, recreational and developmental) to decrease the size of team rosters and fields and reduce the number of players on the field during game play. Developmental league games at Ages 9 and 10 adopt a 6 v 6 format played on a smaller field with smaller goals and a maximum roster of 12 players, increasing the number of touches on the ball for each player and enhancing the game experience. Games at Age 11 and 12 adopt an 9 v 9 format played on a medium-sized field with slightly larger goals and a maximum roster of 14 players, providing an orderly transition to the next level of play. All LTPD games for Ages 9, 10, 11 and 12 include a referee.



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It is important to recognize that competition is NOT removed from the game, but rather attempts are being made to focus that competition toward skill development on the field of play rather than the relative standings between teams over the course of the season.

Referees oversee the play ensuring that it is fair and within the rules. Standings are not posted to the WYSA website for Ages 9 to 12.

Structure of the St. Charles Force Programs

Outdoor

Pre-Season (April)

- Assessment/Try-Out Process (January – March)
- Team Meetings/trainings (April – May)
- Two-three team practices per week (April – May)

In Season (May – September)

- Minimum 2 team training sessions per week (May – September)
- Group Training Sessions throughout the season
- Friendly Matches (organized by the Technical Staff and/or Team Coaches)
- Once per week game as administered through the Winnipeg Youth Soccer Association
 - Monday – U9's
 - Tuesday – U10's
 - Wednesday – U11's
 - Thursday – U12's

**rescheduled games can be placed on an alternate day of the week*

**Games will be scheduled for long weekend Mondays*
- Teams are encouraged to participate in one tournament per season. These may be local for U9 – U11 and/or Out of Province for U12 & U11 teams.

80% attendance at training sessions and games is an expected part of a player's involvement in the program, and an important component for evaluating a player's commitment to improvement. If the desired attendance is not achieved this could result in loss of playing time in games.



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Indoor

Pre-Season (September – mid-October)

- Assessment/Try-Out Process (July – August)
- Two-three-week break before season kicks off
- Team Meetings
- 1 – 2 team practices per week

In Season (May – September)

- 2 team training sessions per week in a gym
- Potential for friendly matches (organized by the Technical Staff and/or Team Coaches)
- In-service sessions with Technical Staff
- Once per week game as administered through the Winnipeg Youth Soccer Association
 - Saturday – Girls
 - Sunday - Boys

As soccer is a summer sport and the indoor season runs parallel with school sports, we are more flexible with players missing due to alternate sports. Players should not fall below 75% attendance at training sessions and games is an expected part of a player's involvement in the program, and an important component for evaluating a player's commitment to improvement. If players fall below the 75% attendance this can affect their playing time in games.

Teams are encouraged to participate in one tournament per season. These may be local for U9 – U11 and/or Out of Province for U12 & U11 teams.



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SC Force Fees

SC Force Team Fees

Program fees are designed to cover the costs associated with district operations, including the need for quality technical staff and facilities required to facilitate practices and league play for all teams.

Outdoor Fees:

include:

- WYSA Fees (referees, league fees, MSA Fees)
- SCSA Fees (equipment, staffing, administration, office)
- Facility Fees (lining, permits, netting, City of Winnipeg field maintenance)
- Uniform Fees (split over 2 outdoor & 2 Indoor seasons)

Indoor Fees:

include:

- WYSA Fees (referees, league fees, MSA Fees)
 - U9/10 – 6v6 on a ¼ field
 - U11-U17 – 9v9 on ½ field
- SCSA Fees (equipment, staffing, administration, office)
- Facility Fees (gym permits, alternate facilities)
- Uniform Fees (split over 2 outdoor & 2 Indoor seasons)

Financial Assistance

Families requiring financial assistance may apply for Kidsport subsidy. Jumpstart also provides funding to be used for registration into organized sports up to a maximum of \$300.00 per annum.

- **Kidsport** Program information and Application:
<http://www.kidsportcanada.ca/manitoba/apply-for-assistance>
- **Jumpstart** Program Information:
<http://jumpstart.canadiantire.ca/en/what-we-do/how-to-apply>



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SC Force Assessments/Team Formation Process

In order to be placed on Developmental team potential players must attend two (2) assessments.

Players must pre-register for the assessment during registration. A \$20.00 fee is charged to cover the cost of assessors and other administrative components. Please wear shin pads and bring a labelled water bottle.

General Assessment Policies:

- All sessions are 1 hour in duration and will start at the indicated time.
- Players are required to attend all sessions for their age/division.
- Players can check-in up to 30 minutes prior to the start of their session, please arrive early.
- Be dressed in proper soccer attire (cleats/runners/indoor shoes depending on facility, shin guards, shorts) and ready 10 minutes prior to the start of the assessment. Any player without shin guards will be turned away from the session.
- Bring a labeled water bottle.
- All players must be assessed in their birth year category. No exceptions. If requesting an age advance this must be indicated on the assessment registration form (which is completed at time of registration).



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SCSA / SC Force Academy Programming

St. Charles Soccer Association runs pay-for-service Academy Programming. These academy programs are optional programs that players from Recreational, SC Force and players not currently playing on a registered team are able to register and participate in. The sessions are organized, planned and executed by the Technical Staff.

SC Force Players registered in Academy are eligible for recommendation into the MSA Pre-Prospects, MSA Whitecaps Prospects (Male) and MSA REX (female) Programs.

[SCSA Private Academy Policy](#)

District Prospect Centre - Selects (U12 – U17)

DPC Selects is a program for players who are registered in Academy Programming and/or registered with the MSA Pre-prospects training. These sessions are designed to place players in an environment with like-minded players who have shown the desire and passion to push themselves to the next level. Players selected into the Select's program are not guaranteed a spot season to season, as well during the training sessions – they continually work to keep their spot throughout the duration of the program.

This program will be a platform for selection into the Winnipeg Waverly Mitsubishi Selects – Pre-University Travel program.

District Prospect Centre (U12 – U17)

The DPC is a once-per-week, optional supplementary training program. This program is designed for players that are looking to enhance and refine their technical abilities. These sessions will be challenging and demanding on the players involved, the focus of these sessions is to prepare players for the technical pressures that are associated with game play. (Example: Receiving under pressure, one touch vs. two touch, playing through lines of defenders)

The sessions will be grouped by ability (first two sessions may be used as assessment sessions) Placements in groups are not guaranteed nor are requests for placements.



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District Skill Centre (U9 – U11)

The DSC is a once-per-week optional supplementary training program. This program is designed for players that are looking to build and enhance their technical abilities. Sessions will be challenging and developed to push players outside of their comfort zones. Players will be continually encouraged to try new skills under varying degrees of pressure.

The sessions are designed around the Canada Soccer Associations, Long Term Development program. The players are grouped by ability rather than by age. They will be working in either a Preferred Training Model (station work) or progressive training sessions with qualified coaches. This curriculum for this program is created by the St. Charles Soccer Associations Technical Director and executed by TD and the DSC Staff and is developed based on the skill level and age of the athletes that are participating.

Goal Keeping Academy (U12 – U17)

We are happy to have Patrick Di Stefani coaching our keeper academy for the indoor season. Our program will focus on specific technical and tactical skills that goalies must learn in order to compete at any level. This program is available to all of our U12-17 Rec and SC Force Players.

Intro to Goal Keeping Academy (U9-U11)

This academy is geared towards developmental players who are interested in playing goalie, players who want to know more and players who just want to learn a little something extra.

These sessions will be lead by C-Licensed Trained Goalie Coach - Hailey Green

If your Child is registered for DSC, they will break off for these 4 sessions and the cost is included in the DSC fee.



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Recreational Academy

The SCSA Recreational Academy is a once-per-week optional supplementary training program for players U9 - U15. This program is designed for recreational players that are looking to build their technique on the ball for personal development and/or because they want to take their skill to the next level. Sessions will be challenging and will be developed to ensure that players are executing the basic skills consistently before pushing on to the next level.

The sessions are designed around the Canada Soccer Associations, Long Term Development program. The players are grouped by ability rather than by age. They will be working in either a Preferred Training Model (station work) or progressive training sessions with the academy coaches. This curriculum for this program is created by the St. Charles Soccer Associations Technical Director.

Mini Academy

The mini academy is a once-per-week program that is designed to introduce soccer to young players in a fun and engaging environment. The sessions are designed around the Canada Soccer Associations, Long Term Development program. This program at the Active Start Stage focuses on individual skills like dribbling, turning and shooting. Each session is designed to be fun and keep your child entertained!



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SC Force Coach Selection

St. Charles Soccer Association appreciates and welcomes those who are willing to volunteer their time coaching. Please complete the coaching application form on our website and email your expression of interest to technicaldirector@stcharles-soccer.com. The Technical Director will contact you. Coaches need to complete appropriate coach screening paperwork. (CPIC, CAR and Respect in Sport) All coach selections are processed by the St. Charles Force Technical Director, who has final responsibility for selection, training and monitoring of coaches.

Coaches are supported and encouraged to obtain and update certifications through MSA courses offered each year.

SC Force/SCSA Policies and Procedures

Please see www.stcharles-soccer.com for all Club Policies including dress code, equipment requirements, codes of conduct, travel, discipline and more.



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SC Force Parent-Club Communication

PARENT LIAISON & INCIDENT PROTOCOL

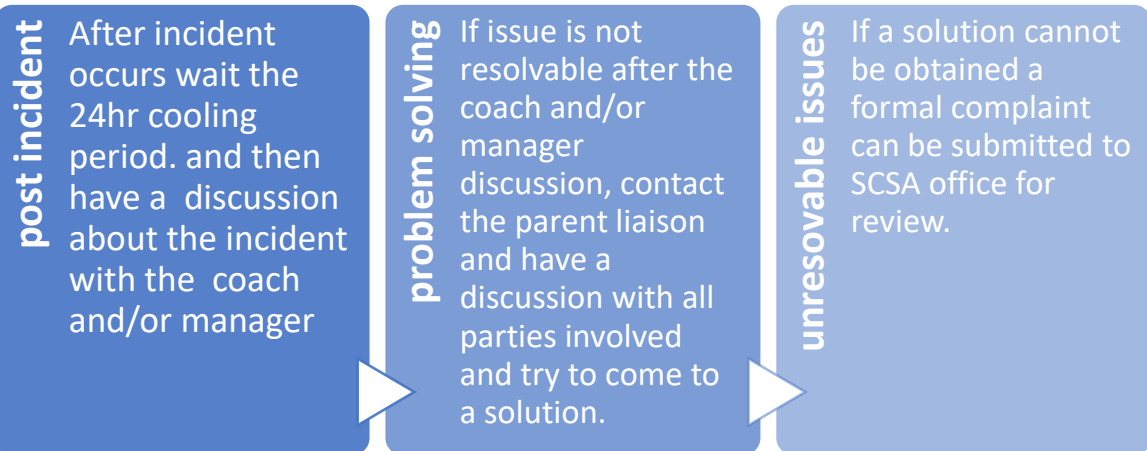
Each team must have a parent liaison who is to be chosen by the parents, not the coaching staff. The parent liaison cannot be a part of the team staff or married to/related to the staff but rather an independent and fair person who can help maintain positive relations between parents and the coaching staff.

The purpose of a parent liaison is to act as a connection between the parents and the coaching staff when issues arise or communications fail. The parent liaison is the first venue for conflict resolution. We ask that when parents or coaching staff have an issue, they first attempt to solve the issue at the team level through the parent liaison before, bringing their issue to SCSA.

Most conflicts are born out of a lack of understanding or communication between parties and the parent liaison can facilitate communication and understanding by listening to both parties and finding common ground from which to work.

When an issue arises communicate the problem via email to the coach and/or manager and ask for a time to discuss either on the phone or a time in person.

If at any time you encounter a situation that you cannot, or do not want to handle, do not hesitate to contact the SCSA office for assistance.





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SC Force Tournament Participation

St. Charles Force encourages teams to participate in tournament play at the highest appropriate level both locally, outside of the province, and/or outside of Canada. Tournament participation is organized on a team by team basis and is primarily a voluntary endeavor undertaken by each team in discussion with the St. Charles Force Technical Director. Teams are encouraged to participate in 1 to 2 tournaments per season. These may be local or out of province/country depending on the team's desire and tournament availability. Approval for tournament play must be obtained from the St. Charles Force Technical Director prior to registering teams for tournaments to ensure appropriate levels of play.

Prior to the season, St. Charles Force will communicate to Coaches, recommendations for age and skill appropriate tournaments to assist with team decisions.

Funding for tournament travel and entry fees is the responsibility of the participating team's players and parents.

[SCSA/SC Force Travel Policy and Guidelines](#)

Winnipeg Youth Soccer Association (WYSA)

All St. Charles Force Premier Teams participate in city-wide league play organized by the Winnipeg Youth Soccer Association (WYSA). The outdoor season generally runs from the end of April to late October with spring play ending in mid-July and fall play starting again in early August. WYSA has not yet released the 2016 outdoor season calendar. Teams will have an average of one game per week with adjustments made as required from time to time to accommodate field availability, weather-related cancellations, or other events.



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